

Kirco Na Cardak Sedese

Origin: Pirin region, Bulgaria

Source: Jaap Leegwater who arranged traditional steps for the recording used.

Translation: Kirco is sitting on the porch

Rhythm: 7/8 counted as 1 2 3 or slow, quick, quick

Formation: open circle, hands held in "W" position.

Introduction: 16 measures

<u>Measures</u> :	<u>Counts</u> :	<u>Pattern</u> :
		Part 1: (vocal)
1	1	Step on R foot
	2	Step on L foot
	3	Step on R foot.
2	1, 2, 3	Repeat measure 1 with opposite footwork
3	1	Facing centre, step on R foot
	2	Step on L foot in front of R foot
	3	Step back on R foot.
4	1, 2, 3	Repeat measure 3 with opposite footwork and direction.
5 - 8		Repeat measures 1 – 4
9 – 10		Repeat measures 1 – 2
11	1	Step on R foot
	2 – 3	Step on L foot pivoting to face CW.
12	1	Step on R foot moving backwards (CCW) .
	2 - 3	Step backwards on L foot
13		Repeat measure 12
14	1	Slightly Facing centre step on R foot
	2	Step on L foot close to R foot
	3	Step on R foot across in front of L foot
15	1	Step on L foot toward centre
	2 – 3	Step back on R foot, lifting L foot off the floor.
16 – 22		Repeat measures 9 – 15 with opposite footwork and direction

Part 2: (Instrumental)

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|--------|-------|---|
| 1 | 1 | Face centre and step on R foot |
| | 2 | Lift on R foot and lifting L knee in front |
| | 3 | Step on L foot in front of R foot. |
| 2 | 1 | Step on R foot |
| | 2 | Bounce on R foot, lifting L knee in front. |
| | 3 | Hold |
| 3 | 1 | Step on L foot |
| | 2 - 3 | Step on R foot behind L foot. |
| 4 | 1 | Step on L foot |
| | 2 | Step on R foot behind L foot |
| | 3 | Step on L foot in front of R foot. |
| 5 – 16 | | Repeat measures 1 – 4, Part 2 three more times. |

Presented by Dale and Helga Hyde
UK Tour March 2017